Dear Plover Families,

As you may know, FGCS uses a social-emotional curriculum called *Second Step* to teach students important skills for getting along with others and doing well in school. It also helps our school be a safe and supportive place where everyone can learn.

To help make our school even more safe and supportive, we are also going to use the *Second Step* Child Protection Unit. In these lessons, students will learn three types of skills:

- **Personal Safety**. Students will learn important safety rules, such as safety with guns, sharp tools, and fire, and when riding on wheels or in cars. They will also learn ways to help them decide if something is safe or not.

- **Touching Safety**. Students will learn about safe, unsafe, and unwanted touches, and rules about touching private body parts. They'll also learn to say no to unsafe or unwanted touches, and to tell an adult if someone breaks rules about touching private body parts.

- **Assertiveness**. These lessons will also give students a chance to practice asking an adult for help, telling an adult about an unsafe situation, and being assertive to get out of unsafe situations.

One rule your child is learning is the Touching Rule: *A person should never touch your private body parts except to keep you healthy.*

Learning the Touching Rule will help your child recognize sexually abusive touch so he or she can say no and tell an adult about it. Children can find it hard to tell adults about sexual abuse because they don't know the words to use. You can help your child by teaching him or her the correct (anatomical) words for private body parts. This gives children the words to use and helps them know it is okay to talk about those body parts.

Teaching your child the correct names for his or her private body parts can be uncomfortable or awkward at first. Start by using the correct words for private body parts along with words for other body parts such as *tummy* and *ears*. You can also explain that the parts of the body covered by a swimsuit are private body parts.

Go online to **SecondStep.org** and log in with the code **CPU3 FAMI LYG3** to get more information about what your child is learning in the *Second Step* program. Thank you for helping us to make our school a safe and supportive place where everyone can learn.

Sincerely,

Laura

> ## Go online today
>
> **SecondStep.org** Activation Key
>
> **CPU3 FAMI LYG3**